

Patients aged 16 or over can now refer themselves directly for MSK physiotherapy without needing an appointment at your GP practice

Patients who wish to start the self-referral process can complete an online form at [**novushealth.co.uk**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fddlnk.net%2FCUF-8BQQ7-1F470H-56JVMR-1%2Fc.aspx&data=05%7C01%7Chazel.davies%40nhs.net%7Ce28e5dc257fc4b2db89908db730c20fc%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638230268141509029%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6lawFNV7oufAlBGzJt%2FKioZCvKEZlia%2Bu8ccdRDJ0ls%3D&reserved=0)or

call **01924 224497**